

Grand Champion Division

The Grand Champion Division is for black belts only. The division will consist of three events, Sparring, Forms (poomsae) and Board Breaking. All participants are required to attempt all three events. Participants who register for this event are not allowed to enter the main tournament due to both events taking place at the same time.

DIVISIONS

AGE	RANK	MAKE DIVISION	FEMALE DIVISION
12 to 14	Black	ALL	ALL
15 to 17	Black	ALL	ALL
18 and over	Black	ALL	ALL

FORMS (POOMSAE) RULES:

Designated Forms: Athletes will be required to perform a black belt WTF recognized Form.

Color Rank	Black
Authorized Forms	1st - Koryo 2nd - Keumgang 3rd – Taebaek 4th – Pyongwon

Athletes will perform their forms two at a time and will be judged in traditional head to head competition. Double elimination.

- **Scoring:**

Three judges will score the performances based on the execution of proper stances, punches, blocks and kicks. The score will also reflect the presentation of the poomsae based on accuracy and range of motion, balance, speed and power. The winner will be determined by hands of the judges in a head to head competition with double elimination. The athlete with two or more votes will be the winner of the tie.

Medals and Points:

Gold – 10

Silver – 8

Bronze – 6

Attempt – 4

No Attempt - 0

SPARRING (KYOROOGI) RULES:

- **Mandatory Equipment:**

The Meijer State Games will be using WTF rules (may be modified if necessary). All sparring athletes are required to have a clean, WTF WHITE V-neck uniform. Black trim is for black belts only. NO COLOR UNIFORMS will be allowed. White headgear or a set of Blue and Red headgear, mouth piece, chest guard, arm pads, shin and instep pads, groin cup for males (worn inside). NO GLASSES or GOGGLES allowed. WTF Approved gloves and socks are optional (NO FOAM SAFETY CHOPS & BOOTS).

Head Kick:

RULES	LIGHT HEAD KICKS (2PT)	FULL HEAD KICKS (2PT)
DIVISIONS	17 and under	18 and over

Scoring:

Athletes will be awarded ONE point for a kick or punch to the body spinning kicks to the body will be awarded TWO points. Head kicks (see chart above) will be awarded TWO points. In case of a tie score at the end of the last round, an additional round will be added to determine the winner. The athlete to score the FIRST point will be the winner. If no points are scored, the judges and center referee will determine who initiated and was the aggressor in the final round to decide the winner. **There will be a "10 POINT GAP"**. Referees may stop the contest if there is a great disparity in the athletes' skill levels or if there is risk of serious injury.

Format:

Athletes will be competing in a single elimination format. Once an athlete loses a bout, he/she is eliminated. Athletes who lose in the semi-final round (group of 4) will be awarded a bronze medal. If an athlete makes it into the finals and then loses, a silver medal will be awarded. The winner of the final round will be awarded the gold medal.

Duration:

Three 90 second rounds, 30 second rest.

Medals and Points:

Gold – 10

Silver – 8

Bronze – 6

Attempt – 4

No Attempt – 0

Board Breaking

Breaking Division	Material Type and Size	System	Safety Gear	Time Limit	Contest Goal
Hand Technique, any point below the wrist	$\frac{3}{4}$ "x12"x12" Board	Single Elimination	Wrist wrap is optional	30 Seconds	Contestant will break their maximum amount of boards
Kicking Technique, any point below the ankle	$\frac{3}{4}$ "x12"x12" Board	Single Elimination	None	30 Seconds	Contestant will break their maximum amount of boards

Contestants will be awarded the following points for each broken board:

Hand Technique: 10 pts

Kicking Technique: 5 pts

The contestants with the highest amount of points per board will be awarded the following medals with the assigned points:

Gold – 10

Silver – 8

Bronze – 6

Attempt – 4

No Attempt – 0

See complete power breaking rules and regulations.

Participants with the greatest amount of combined points for all events will be awarded grand champion for each division. In event of a tie, participants will compete in a head to head form competition. The participant will choose a color belt form (poomsae) of their choice. See form competition for rules and regulations.

The Meijer State Games Organizing Committee reserves the right to make modifications to the divisions to provide fair and sufficient competition for all competitors. For further information or clarification, please email Master Randy Wrona at rwrna@comcast.net.